

East Valley
Intergroup, Inc.
1855 E Southern,
Suite 103
Mesa, AZ 85204
480-834-9033
Fax: 480-964-4639
info@aamesaaz.org
www.aamesaaz.org

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NO BOOZE NEWS

Around The Tables

I HAVE of late, participated in a succession of discussions centering on the Eighth Step. I regard this Step as the easiest but perhaps the most subtle in the program. It requires only that I make a list of people I have harmed and become willing to make amends to them all. Unlike Step Five, Eight does not require that I seek out a companion and unload it on them. It does not require searching my soul or being humble--only making a list and becoming willing. Step Nine requires some damn bold action, so it is very different from, though obviously dependent on, Step Eight.

The Eighth Step relates to people other than me. Unquestionably, it points outward and not inward. Many of us feel anger about this position and protest, "I didn't hurt anyone else but me. I figure I have to make amends to me." The phrasing may vary, but the idea is always the same: "make amends to me." Frankly, I think this is so much garbage. It's one of the "old ideas" the Big Book advises

Quote of the Month

As we discovered the principles by which the individual alcoholic could live, so we had to evolve principles by which the A.A. groups and A.A. as a whole could survive and function effectively. It was thought that no alcoholic man or woman could be excluded from our Society; that our leaders might serve but never govern; that each group was to be autonomous and there was to be no professional class of therapy.

-Foreword to the Second Edition

us to discard--namely, selfishness. If the founders had meant Eight and Nine to be directed at themselves, they would have so stated in plain English.

But here's an AA paradox: I have found, to my great joy, that if I work on Eight and Nine and keep the emphasis on my relationships with others, these Steps actually do bring about the ultimate amends to me--a happy, sober, day-to-day life that brims over with gladness, happiness, good fortune, and all that I could wish for. It's far better to work on the Steps the way the Big Book and the "Twelve and Twelve" suggest than to risk losing this great life. -10/1977

Hardcover Big Books are back in stock.

Our shipment has come in!

Page 2

Ready to Sweep: Step Eight reminds him which side of the street to clean

When I was an active alcoholic, I caused physical, mental and spiritual damage to people. And as my drinking became more destructive, I isolated and alienated myself from others even more than usual, in an attempt to drink and drug without interruption or negative criticism. I'd then be overwhelmed with fear, shame, guilt and remorse. My self-loathing would spill over into all my relationships—the few that still remained, that is.

The Eighth Step gave me the toolbox I needed to explore these relationships more deeply. It enabled me to pinpoint those individuals whom I had harmed. And even if I was not actually ready to make direct amends to certain people, I was able to begin by writing out an amends list and praying for the willingness.

As I worked through my list, the essential question for me, as it says in the "Twelve and Twelve," was: "Whom have I harmed?" and in what ways. I was tempted to recall and list the ways these people had hurt me. In all honesty, there was perhaps harm on both sides. But I needed to focus on the harm I had produced. The Eighth Step does not depend on the character defects and shortcomings of others. I had to admit and acknowledge my own character defects and shortcomings. I needed to focus on "sweeping my side of the street."

When feelings of defensiveness began to emerge, I remembered that these individuals needed my forgiveness just as much as I needed theirs. But whether they recog-

nized that need was not the issue. If I were to be serious about mending broken relationships, and I certainly was, I needed to let go of my resentments and, simultaneously, to forgive others.

The following questions were helpful to me as I worked on my Eighth Step:

- 1) How was I bad-tempered because of my drinking?
- 2) Did I avoid friends and family as a result of my obsession?
- 3) What damage did I produce by letting my self-will run riot?

These helped me gain valuable insights and discover other people to add to my list.

As I continued on my Eighth Step journey, it became apparent that I did much damage to myself as well. And it dawned on me that the most effective amends that I could make to myself was to stay sober and practice the Steps to the best of my ability. And if I keep not drinking just for today, I won't drink for the rest of my life.

In early sobriety, I would never have contemplated making the first move toward making an amend. But now I'm attempting to discern and apply the will of God in my life. I now take responsibility for my sobriety and for my relationships. Taking such a risk has become a possibility thanks to the Steps and my support network in the rooms of AA. The Eighth Step has given me the ability to maintain and develop a deep intimacy and involvement with significant others in my life. It also gives me emotional and spiritual balance.

From the Twelve Steps And Twelve Traditions

Tradition Eight—"Alcoholics Anonymous should remain forever nonprofessional, but our service-centers may employ special workers."

At last, however, a plain line of cleavage could be seen between professionalism and non-professionalism. When we had agreed that the Twelfth Step couldn't be sold for money, we had been wise. But when we had declared that our Fellowship couldn't hire service workers nor could any A.A. member carry our knowledge into other fields, we were taking the counsel of fear, fear which today has been largely dispelled in the light of experience. -pg. 167

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC, Special Events, Literature, Unity, or Phone Volunteers.

We always need volunteers for our 12th Step call list. 12th Step work can be very challenging yet spiritually rewarding. If you have one year of continual sobriety and are willing and available to the alcoholic who reaches out, be sure to complete the form below and return to EVI Central Office via fax, mail, e-mail or drop off in-person.

	ern Ave. #103 Mesa, AZ 85204			
·	aamesaaz.org www.aamesaaz.org Last			
Address	*Phone			
 *City *\$T	*Zip *Gender			
 *Sobriety Date Home Grou	IP			
	Alt Phone			
İ	r listing in 12 th Step List wal (\$18.00 annual subscription fee enclosed)			
Volunteer Service Options	Committees of Interest			
Check only those you are willing to commit time to	Check only those you are willing to serve on			
12 th Step List Volunteer Phones Night & Weeke	nd [] Public Information / Cooperation with the			
[] Weeknights [] Weekends	Professional Community			
[] Weekends [] Weeknights	[] Special Events			
[] Weekdays	[] Literature			
	[] Newsletter (No Booze News)			
[] Office Phone Volunteer	[] Unity Committee			
[] Other Office Help	[] Deliver A Meeting			



ROUNDUPS, CAMPOUTS AND CONFERENCES

PROMISES IN THE PINES

AUGUST 19 \sim 21 SHOW LOW AZ

PAYSON ROUNDUP

AUGUST 26 ~ 28 SLIM JIM CAMPSITE #2 FOREST LAKES, AZ

PRESCOTT SHOESTRING ROUNDUP

AUGUST 26 ~ 28, 2022
PRESCOTT RESORT AND CONFERENCE CENTER

46TH GREAT OUTDOOR BEAVER MEETING

SEPTEMBER 1 ~ 4, 2022 BEAVER UT

APACHE LAKE CAMPOUT

NOVEMBER 11 ~ 13 APACHE LAKE MARINA AND RESORT APACHE LAKE, AZ

Check the events page on our website. We will post information as it becomes available.

2022 Area 03

Arizona State Convention - Live

August 26 ~ 28

5655 W Valencia Rd. Tucson AZ (Casino Del Sol)
With Al-Anon participation.

PACIFIC REGIONAL FORUM LIVE !!!

SEPTEMBER 16 ~ 18, 2022 75 W TEMPLE ST. SALT LAKE CITY, UT (MARIOTT DOWNTOWN)

EVI Bowlathon

Saturday, Aug. 13th

3pm to 5pm

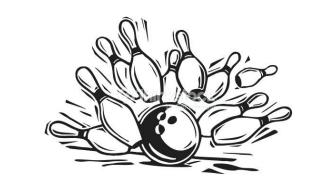
AMF Mesa Lanes

2115 E Southern Ave. Mesa AZ

2 Hrs of bowling and shoe rental, \$20

Tickets available from your

Group rep or at your EVI Office



Mesa Round Up (MRU)

Remembers the 80's

Dinner, Speaker and a Dance

5pm August 27th, 2022

805 N Country Club Dr. Mesa AZ

2022 Area 03

August Assembly - Hybrid

August 5 - 7

200 N Centennial Way

Mesa AZ.

Sober Anniversaries

Name	Date	
Charles R	8/21/1969	
Dave W	8/1/1981	14975
Craig B	8/8/1982	14610
Jon B	8/18/1982	14610
Kelly G	8/23/1985	13514
Kathy M	8/3/1986	13149
Kathy K	8/3/1986	13149
Brad R	8/10/1986	13149
Beth L		
Monica S		
Bernard B		
Dale W	8/23/1987	12784
Maggie L	8/12/1988	12418
John S	8/15/1988	12418
Pam S	8/17/1988	12418
Dee P	8/21/1988	12418
Sally M	8/13/1989	12053
Gwen N		
Karin H Rodney S		
Dana N	0/10/1993	10092
Carol M	0/1/1990	900Z
Gary M	0/10/1990	0062
Fred P	0/17/1995 8/23/1005	0862
Grant A		
Cheryl G.	8/18/1006	9496
Matt R	8/15/1007	0131
Lani D		
Sherri P	8/29/1997	9131
Christi W	8/20/1998	8773
Shelley R	8/27/2004	6574
Mickey E	8/10/2005	6209
Janet T		
Rosemary R	8/21/2005	6209
Victor S	8/26/2005	6209
Jimmy R	8/14/2006	5844
Merrill P		
J.T. K	8/28/2006	5844
Stephen W		
Katy W	8/20/2008	5113
Kathy M	8/19/2009	4748
Patrick G	8/9/2010	4383
Ashley O		
Alana R		
Bev W		
Wyatt S		
Kellie P.		
Andrew C		
Nancy S		
Jose A		
Inez Y		
Randi J Kelly H	0/0/ZU10 0/12/2010	140 I 1461
Angela T	8/17/2019	140 I 1/61
Marcy M	8/1/2010	1006
Cole L		
Peter R		
Al L		



Early Bird Prayer

I'm going to get out of bed, and from then on, I'm going to need a lot more help!

Amen.

@@

My wife and I were leaving to receive our second COVID-19 vaccination.

I mentioned that I was a little worried because I could never stop at two shots before.

@@

Did you hear about the man who fell into the upholstery machine?

He is fully recovered.



Things we cannot change.

Frank R. A long time member of our fellowship and a friend to many has passed from this world. His life was well lived and touched many.

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905 or email picpc@aamesaaz.org

aamesaaz.org

EVI Phone Workshop

Third Friday's at 6:15 pm

Before the monthly business meeting at



aamesaaz.org

Or

Workshops can be done at your Group!

alcoholics

anonymous



For more information Call Lisa V. 480 827-1905

EVI Sponsorship Workshop

10am the 1st Saturday of every other month

Check aamesaaz.org for location information

Contact: Ken H.

HOST GROUP SCHEDULE

September 3 ~ East Valley Men's Stag



EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting 1st Friday of the month

2222 S Price Rd. Tempe contact: 480 827-1905

Join the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information

aamesaaz.org

Contact 480 827-1905

Office Volunteers & EVI Hot Line Phones

4 hour shifts in the EVI office

Call Roxanne for specific

times and days.



EVI Monthly Speaker Meeting

Ist Friday of Every Month

2222 S Price Rd. Tempe

(Church of the Epiphany)

Doors open at 7:00pm

Now Live only, no more ZOOM

August 5 ~ SNBBSS

September 2 ~ Sunset Group

These are subject to change - so keep watching.

Central Office Manager's Report July 15, 2022

In June we received 451 requests for information and assistance. Of those 108 calls were for meeting info, 124 were office visitors and 19 resulted in a 12-step call. Our website stats were not available for the last 39 days. Our Google totals for June were 3,737 views. Of those 408 went to our website, 69 requested directions and 37 gave us a call.

All **Big Books are back in stock**. We will be increasing our inventory levels a bit until AAWS resolves their availability challenges. Currently there are good stock levels of all the AAWS titles at your Central Office.

Our liability insurance for the 2022/2023 period has been renewed. All updated and corrected certificates will be sent to the leaseholders of participating groups. There was quite a bit of relocation going on as some spaces reopened and some delayed but I think we have those requesting it covered at the correct locations. If your landlord is requesting a current certificate, I can email it to them.

The ICOAA seminar is being held September 1 to 5 2022 in Denver CO. I have registered and made reservations. I currently serve on the Site Committee and as Alt Secretary for this group as well as a past host. This will be our first live seminar since we hosted it here in Mesa with the other Intergroups of the valley in 2019.

Service opportunities are always available on all EVI committees and the 12th step list. Please take some Gratitude with Service forms back to your group and encourage members to volunteer. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service Kim Watkins Central Office Manager, East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

	June	2022
Meeting Information Calls	108	686
General Information	110	617
Referred to Salt River Intergro	up 4	24
Referred to Al-Anon	12	68
Referred to Community Info	0	
12th Step Calls	19	112
Business Calls	74	480
Office Visitors	124	692
Meeting lists printed	800	4800
Info request via E-mail	35	210
Desk Volunteers-Reg/Sub/Nor	າe	30/ 5/ 1
Desk Volunteers-Reg HRS YTD		

Web Stats

Website Visits last 30 days 24,423 YTD 139,107

Google Searches last 30 days 3,737

Meeting List Updates...

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

New Meetings:

Fe Y Esperanza 145 E 1st Ave. Mesa
O, Spanish

SA 9:00a

Superstition Sunrise 702 S Meridian Rd. Apache Junction

SU 1:00p

Open

Changes:

Upon Awakening is moving July 1 to 3225 S Lindsay Rd. #101 Gilbert

EV Men's Stag Is moving July 1 to 3225 S Lindsay Rd. #101 Gilbert

Easy Does It Is moving July 1 to 1933 E University Dr. #24 Mesa

Road to Recovery Has moved to: 6134 E Main St. Mesa

Tempe Nooners is now meeting at 8:30am

East Valley Intergroup 1855 E Southern Ave. Suite # 103 Mesa, AZ 85204

Alcoholics Anonymous - Contributions

PO Box 2407

James A Farley Station New York, NY 10116-2407

General Service Office - correspondence

PO Box 459, Grand Central Station New York, NY 10163

Area 03 Treasurer ** NEW **
PO Box 2065
Green Valley, AZ 85622
Make Check To: AZ Area Committee

District 08-818 PO Box 12044 Tempe, AZ 85284

District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 PO Box 1901 Queen Creek, AZ 85142-9998

District 08 (Maricopa County) PO Box 45066 Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina 2720 E Thomas Rd. B#180 Phoenix AZ 85016 Valleywide H & I PO Box 80126 Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



GROUP CONTRIBUTIONS

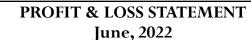


<u>GROUP</u>	<u>June</u>	<u>YTD</u>
11th Step Candlelight		\$300.00
2121 Beginner Workshop		\$0.00
24 Hours A Day		\$0.00
417 Group		\$200.00
A Vision For You Group		\$0.00
ABC Group		\$0.00
Ahwatukee Group	\$261.53	\$422.69
Ahwatukee Saturday Men's	\$572.96	\$1,332.54
Ahwatukee Women's Group		\$0.00
Arbor Daily Noon Group	\$200.00	\$1,00.00
As Bill Sees It QC		\$0.00
As You Wake Up		
Attitude Adjustment Ahw		\$0.00
Attitude Adjustment CG	\$250.00	\$250.00
Basic II		\$100.00
BBookworms		\$720.00
Bloopers		\$0.00
Bootstrap Men's		\$125.00
Both Books		\$0.00
Bottom of the Bottle	\$60.30	\$60.30
Breakfast Club		
Busted Ego		\$0.00
By The Book		\$467.00
Chandler Men's Stag Group		\$0.00
Chandler Noon Group		\$889.74
Chandler Women's Big Book Gro	up	\$0.00
Common Solution		\$0.00
Common Thread		\$937.94
Courage To Change		\$400.00
East Phoenix Men's		\$200.00
East Valley Men's Stag		\$0.00
East Valley Veterans		\$392.00
Easy Does It Group	\$88.87	\$533.22
Eye Opener Group	\$100.00	\$300.00
Family Recovery Group		\$200.00
Feelings and Solutions		\$750.00
Fill in the Blank		\$383.00
Firehouse Meeting	\$100.00	\$310.00
Florence Group		\$0.00
Friday Night BB		
Get It Together	\$437.95	\$2,129.32
Gilbert Group		\$232.42
Gold Canyon 12 X 12 Group		\$0.00
Good Ol' Back to Basics		\$200.00
Good Orderly Direction		\$25.00
Grateful Dames		\$0.00
Grateful Girlfriends		\$100.00
Gratitude Group		\$263.00
Great Start		\$800.00
Gut Level	\$100.00	\$100.00
Happy Destiny	\$50.00	\$50.00
Happy Hour @ Sunbird		\$150.00
Hope For Today	\$56.00	\$157.22
Keepin It Real Ladies		\$0.00
Ladies Lunch Bunch		\$50.00
Last Resort		\$42.81
Life In The Big Book	\$141.60	\$612.10
Maricopa 12 X 12		
Maricopa Group		\$145.00
Mid-Morning Group		
Miracle House	\$340.83	\$340.83
Morning After		\$93.00
Name In The Hat		
New Beginnings		
New Spirit Group		
No Big Deals		
No Name AA Group		
_		
Opportunity Knocks		\$200.00
Opportunity Knocks Page A Day		

GROUP	June	YTD
Patio Group	june	
Pioneer Group		
Price Is Right		
Primary Purpose Group		
Progress Rather Than Perfektion		
Province Group		
Putting God First		
Queen Creek Nooners		
Re-Awakening Group	\$20.00	\$20.00
Remember When		\$0.00
Renewed Spirit		\$250.00
Rising Spirit		\$0.00
Road To Recovery	\$50.00	. \$2,000.93
Rock Solid		\$50.00
San Tan Men's		
Second Chance Group		\$200.00
Serenity Now	\$19.40	\$330.15
Shade Tree		
Sisterhood Of Solutions		-
Sobriety is Gold		. ,
Sobriety Rocks		
Society Group		. \$1,000.00
Some Are Sicker Than Others		
Southeast Valley Stag		\$800.00
Spirited Women		\$200.00
Step By Step Group		
Steppers		\$110.00
Stepping Stones	\$110.00	\$230.00
Sunday Afternoon Step		\$0.00
Sunday Night BB Step Study		
Sunday Serenity Seekers		
Sundowners		
Sun Lakes Women Serenity Seeker		
Sunset Group		
Tempe Group		
Tempe Nooners		
Tempe Sunrisers		
The Library		
The Real Thing		
The Way Out Group		
Thursday Night Step Group		
Tuesday Night Steppin Out		
Tuesday's Trudgers		
Tumbleweeds Group		
Upon Awakening		
We Ain't Dead Yet		-
We Agnostics		-
We Can Group		
Wednesday Night Step		
Wednesday Night Winners		
Welcome Home		
West Chandler Men's		-
Who's Driving Your Bus? Wolf Pack Group		
-		
Women in Gratitude Women in Solution		
Women in Solution		
Wonder Women-disbanded		-
*Anonymous Groups		
		\$100.00
OTHER GROUPS/COMMITTEE Apache Lake Campout		ድ ስ ስስ
AZ AA Women's Conf		
District 08		•
District 08		-
Dist 08-813		-
Meal and a Message		
Group Totals\$		
EVI Committees		
Individual Contributions		
GRAND TOTALS \$	•	41,759.77
*Group contribution with no group name list	ed)	

Financial Statements

BALANCE SHEET June 30, 2022



Assets	
Current Assets	
Checking	5,181.58
Prudent Reserve (Savings)	42,412.97
Accounts Receivable	1,161.80
Inventory Asset	26,923.67
Undeposited Funds	2,707.30
Fixed Assets	
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
Total Assets	\$83,456.42
Liabilities & Equity	
Liabilities	
Accounts Payable	0.00
Visa Credit Card	0.00
Payroll taxes	0.00
Total Liabilities	\$0.00
Equity	
Opening Balance Equity	43,778.94
Retained Earnings	33,242.68
Net Income	6,434.80
Net income	0,434.60
Total Equity	\$83,456.42
Total Liability & Equity	\$83,456.42
,	4 4

28 Group contributions totaling 4 Individual contributions totaling Intergroup Business Meeting &	\$3,379.44 \$220.00			
Intergroup Business Meeting & Service Committee's 7th Tradition	\$55.00			
Total Contributions	\$3,654.44			
Total Income	\$7,710.27			
Less total Cost Of Sales	\$3,081.28			
Gross Profit	\$4,628.99			
Less total Expenses of	\$7,379.63			
Net June Loss	(\$2,750.64)			
<u>YTD 2022 Gain</u>	\$6,434.80			

The current Prudent Reserve balance is \$42,412.97

The Prudent Reserve has been established for 2022 in the range of \$36,760 - \$44,112.

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service, Joseph M. EVI Treasurer

Traditions Checklist

Tradition Eight: Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.

- 1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
- 2. When I chafe about any particular Tradition, do I realize how it affects others?
- 3. Do I sometimes try to get some reward—even if not money—for my personal AA efforts?
- 4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
- 5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
- 6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
- 7. Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition—How It Developed?

EVI MONTHLY BUSINESS MEETING

East Valley Intergroup Business Meeting Minutes July 15, 2022

J opened the meeting at 7:00 PM in person and on Zoom with the Serenity Prayer.

Attendees:

AJ – Rising Spirit, Beth N. - The Society, Cannon G – Santan Men's, Charlie R – East Valley Men's Stag, Chris H & Tanner J – Over Tha Influence, CJ – Gold Canyon Firehouse Grp, Cris H – Bloopers, Daisy C - Serenity Now, Danielle H – Sunset Group, Dave T – Sunday Night BB Step Study, Deb R – SL Serenity Seekers, Dominique – SASTO, Erika C – Women In Gratitude, George M – Ahwatukee Men's, Jon D – Page A Day, Juanita T – Primary Purpose, Kara – Ahwatukee Group, Kevin M – Dr.'s Nightmare, Marge M – Easy Does It – Michael M & Ryan S – The Way Out, Mike A – Tempe Sunrisers, Monica SE – Stepping Stones, Morgan M – Men's Shade Tree, Regina S & Jerry M – Road to Recovery, Richard H – Step by Step, Rita K, SOS Chandler Womens Grp, Rob F – Bootstrap Men's, Robin F – Livin Life WG, Ronnie C – Good Orderly Direction, Rose M – Happy Hour, Morning After, Roxanne B – The Real Thing, Russell S – Common Thread, Shauna – Ahwatukee BBworms, Susan M - Tempe Grp, Teghan H & Chris M – Putting God First, Tom B – New Spirit, Tom C – Upon Awakening, Tom E – Steppers, Wally E – Chandler Noon Group.

Welcome to the New Reps:

Rebecca C – Al-Anon Liaison, Daisy – Serenity Now, Tom B – New Spirit, Rita K – SOS Chandler Women's Group

Committee and other Trusted Servants:

Service Position	Name	Present	Service Position	Name	Present	Service Posi- tion	Name	Present
Chair	J J.	Х	Office Manager	Kim W	Х	H&I Liaison	Dave T	Х
V. Chair	Barb M	Х	Chair- Special Events	open		Spanish Liaison	Natalie	
Treasurer	Joseph M	Х	Chair- PI/CPC	Andrea	Х	Al-anon Liaison	Rebecca	Х
Secretary	Lois L.	Х	Chair- Phones	Lisa		DCM 08-818	Tim G	
Advisor- Special E	Sharon	Х	Chair- Unity	Ben R		DCM 08-819	Robert S	Х
Advisor- PI/CPC	Regan		Chair- Sponsorship	Ken C	Х	DCM 08-820	Wayne S	
Advisor- Phones	Gary L.	Х	No Booze News	Mike K.				
Advisor- Unity	Cole L.	Х	Chair - Literature	open				

J welcomes everyone.

Amber read the 12 Traditions. Introduction of new reps.

Secretary's Report: Lois L. - presented report. Tom made motion to accept - Dani 2nd. Motion passed.

Treasurer's Report: Joseph M- reviewed report from the packet. Cannon made motion to accept - Richard 2nd. Motion passed

7th Tradition: \$66. You can make a 7th tradition contribution on the EVI website www.aamesaaz.org

Chairperson's Report: J J. – We have a version of Roberts Rules of Order tailored for our EVI business, and a sheet showing the flow of a motion. These are available on the table in the back of the room. Our Secretary will email these to us all as well.

Vice Chairperson Report: Barb M. - Attended <u>Sub-District meetings</u>, <u>District 12 meeting</u>, <u>EVI business and steering committee</u> <u>meetings</u> & Area 03 Assembly in June. Sub-Districts are having pot lucks/speaker mtgs.

Office Manager Report: Kim W. – Written report in packet. Big Books are back in stock!!!! Kim is increasing our inventory in case of another shortage at GSO. Liability Insurance has been renewed. Folding Day is Tuesday, July 26th at 9am – donuts, coffee, and fellowship. New phone number for suicide/crisis hotline – 988. Good to have handy for 12-step calls that may become a crisis.

STANDING COMMITTEE REPORTS

PI/CPC: Andrea M. – reviewed report in packet. Many opportunities for service work. Please tell home group members and sponsees. We meet the first Monday of the month, 7PM at EVI office.

Special Events: Roberta (Alt chair)— Committee has a Secretary & Treasurer now. Thanksgiving and Unity day are in planning stages. Thought about moving New Year's event to another date but found resistance to that. Looking for a venue for that. Bowling event is in August – tickets are available.

Phone committee: Gary – all slots are full for July. Alt Chair is stepping down when Chair returns.

Unity Committee: Cole— This committee reaches out to "dark" meetings in the East Valley (meetings without an EVI rep). We need some women volunteers to reach out to women's meetings.

Sponsorship Workshop: Ken C. - We hold a Sponsorship Workshop on the 1st Saturday of all odd months (every 2 months) 10am at the EVI office. Bring 4-6 people to share their experience with being a sponsor or being a sponsee. July was a great success. Spread the word – we mostly get members of the host group attending, but all are invited. Refreshments are served.

No Booze News (NBN) Newsletter Editor: Mike -Send stories to info@aamesaaz.org for the No Booze News.

Literature: position open. Contact EVI Chairperson, J. Johnson if interested.

LIASION REPORTS

Al-anon Liaison: Rebecca – Flyer for Family Recover Night has been emailed to all of you. This will be on July 23rd – 5:30 potluck dinner – 7pm A.A. speaker – 7:30pm Al-Anon speaker – Here at Church of the Epiphany. In person and on zoom. Al-Anon has resumed taking meetings into Perryville Prison.

H&I Liaison: Dave T. – nothing new to report

Spanish Liaison: Natalie – not present

Sub District 08-818: Tim G. – not present

Sub District 08-819: Robert S. – We meet the 2nd Thursday every month at the EVI Office. 6 people at our last meeting – one new GSR. Restarted quarterly Eat, Meet, and Greet meeting – next one is in August.

Sub District 08-820: Wayne - not present.

OLD BUSINESS:

Motion to add a disclaimer to the EVI webpage that states there is a fee collected by PayPal if you use PayPal for contributions to EVI. No discussion. Vote 34 yes – 2 No. Motion passed.

Motion to add "chat help" option to EVI website. After much discussion and unanswered questions, motion was tabled for 2 months. Subsequent motion was made for an ad-hoc committee to gather more information on this – 29 yes, 0 no votes. Motion for ad-hoc committee passed.

Motion to give our Office Manager a 4% raise. After much discussion, motion was amended to give a 6% raise instead. After discussion, vote was 23 yes – 7 no. Motion for 6% raise passed.

NEW BUSINESS: none

ANNOUNCEMENTS: none

8:17pm Debbie - Motion to close. Dani – 2nd. Passed. Meeting closed with Responsibility Declaration.

Thank you for allowing me to be of service.

Lois L

EVI Secretary



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Talking To An Idiot

"GO TO MEETINGS." -These three words are the foundation of my sobriety today. I first got sober in 1981, and after several relatively simple years, I developed a solid, fun sobriety, went back to college, and became a substance abuse counselor. However, after about eight years, I decided to get out of counseling and, for some unknown reason, I stopped going to meetings. I also moved away from the area in which I had a strong relationship with the recovering community. This proved to be a nearly fatal mistake. For two years, my disease went bananas, the quality of my life slowly deteriorated and, in spite of all I had been through and had witnessed, I chose to drink again.

The phrase "cunning, baffling, and powerful" truly fits the nature of alcoholism. The first time I drank again, it was as if I had never stopped, and bizarre, unpredictable things happened. I shoved that experience back into the dark recesses of the memory we alcoholics have and did not drink again for six months. Nor did I call anyone. I didn't even go to a meeting, and I can't honestly say I even thought about it. Once again, my disease had control. Slowly my drinking became more frequent and more frantic. I eventually ended up totally alone in a treatment center in Minneapolis more than a thousand miles from where I grew up. My family was dumbfounded and furious and wanted very little to do with me. Apparently, I also had made many late-night drunken phone calls to my old friends in recovery, but I had only vague recollections of them.

The journey back to sobriety has been torturous. I value and nurture the sobriety I have now as I had never valued anything before—not even my previous ten years of sobriety. I also have come to appreciate all those slogans we hear day after day. I have discovered two, which I believe to be the bedrock of any kind of enduring sobriety. "One day at a time" is the first. During my first trip to sobriety, I had not been plagued by cravings of any significance. This time, I have had a constant struggle and have found "One day at a time" to be the best tool in dealing with these beasts. The other foundation of my recovery is: "Don't drink and go to meetings." It is simple and yet one of the greatest challenges.

For me, that has meant finding at least one meeting a week where I feel drawn to the people and going to it every week regardless of what my emotions say. There are at least ten people with over ten years of good sobriety in my group who have been attending the same meeting every week for their entire sobriety—a truly compelling example of the power of this program.

Another slogan I have developed a true understanding of and one that will get me drunk should I ever forget it again is: "An alcoholic talking to himself is generally talking to an idiot." I learned this one the hard way: by sliding face first across the pavement of life. I feel truly blessed by my Higher Power because I have been given two opportunities at sobriety, when I know that many never even get a first shot.